

## Mentee goals for the mentoring programme

The goals can be worded and defined using the SMART model:

- **S** Specific: target a specific area for improvement
- M Measurable: quantify or suggest an indicator of progress
- A Achievable: make sure the goal is realistic
- R Relevant: ensure the goal is pertinent and useful
- T Time-bound: specify when the results are to be achieved

## Mentee goals

GOAL	TARGET DATE